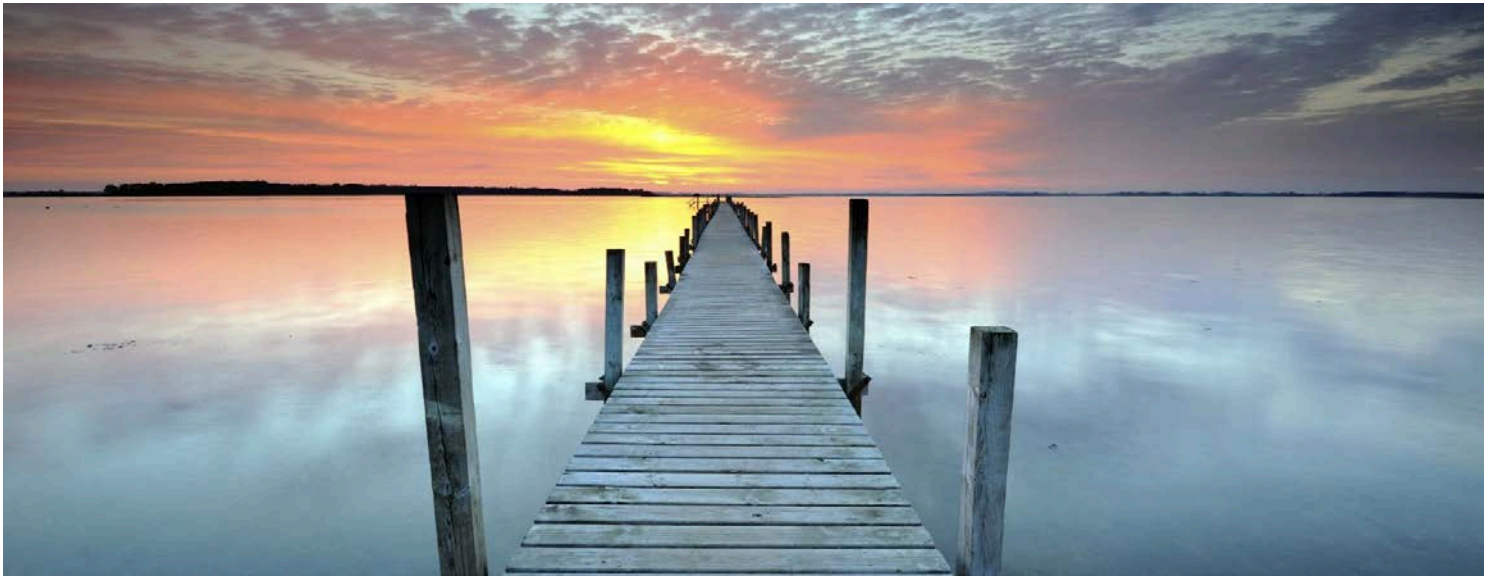




Bereavement

Reviewed: July 2016



Introduction

We acknowledge that death, while being the inevitable end of life, is often unexpected and traumatic. Its unpredictability can cause severe distress and can shock and disturb the whole school community. Should our school community be informed of a death, our response should be a planned, tested and considered one. An unplanned response could make the situation worse for all concerned; we need to ensure we are able to react sensitively and professionally.

We understand that the communication of any death within our community must be planned and handled with great sensitivity. While recognising the need to act speedily, we will ensure that the immediate family of the deceased have been consulted prior to any wider communication through the school website, text, telephone, email, or social media sites.

We have established a “*School Bereavement Team*”. This team will work together when faced by the loss of a member of the school community. It will be composed of 2 members of the Senior Team, a member of the Chaplaincy Team, a member of the Administrative Team and a representative from the staff body. In specific cases, pupils proximate to bereavements will be consulted on arrangements. The Bereavement Team will ensure all staff and governors are aware of our policy and procedures. This policy and the accompanying procedures will be reviewed annually or in the event of a death within the school community. The current members of the team are Andrew Cafferkey, Sandra Witton, Natalie Duymiun, Alison Chorley and **Sarah Mercer**.

We believe that we have a responsibility to all those who grieve as a result of a life changing significant loss in their lives. We will provide opportunities for pupils to share their feelings in the school environment supported by trained staff. Appropriate support will also be offered to staff.

The death of a member from within our school community

We will ensure that the school office team is prepared to receive the news of a death within the community and respond in an appropriate manner. Should we receive the news of a death, in **ALL** cases the person receiving the news will:

- Confirm the information, check it, record it and check it again. (*It is essential to have the facts confirmed*)
- Share the news as soon as possible with an appropriate senior member of staff and a member of the Bereavement Team.

The Headteacher and the members of the Bereavement Team will:

- Consider the action required, follow the agreed procedures, take notice of the guidance and examples and be aware of the impact of shock on each other and on the wider community.

The sudden death of a parent or close relative

We acknowledge that in the case of the death of a pupil's parent or close relative, it is best that a family member break the news with the support of an appropriate member of staff. If this is not possible the Bereavement Team Leader (normally the Headteacher) will ensure someone suitable breaks the news to the pupil or member of staff concerned. The news of the death will be given to all relevant staff as soon as possible.

The death of a pupil/s involved in a school related activity

Should we receive the news of a pupil's death, **the Bereavement Team will meet and will** consult with the family of the pupil to ascertain their wishes. We will:

- Provide a statement about the death so that there is consistency within any message. Where possible, information will be shared assembly style.
- Encourage staff to voice their concerns about telling other pupils/students.
- Consider the most appropriate way of communicating the news within school; be that a full school assembly, year groups, or a class/form group.
- Give pupils opportunities to express their feelings at the time they are informed and over the following days and weeks.
- Avoid rumours, exaggerations and embellishment of the event, by agreeing the facts which will be stated openly and honestly without assumptions or judgements.
- Remember that such news will be greeted with a mixture of emotions and feelings. Some may deny or disbelieve the announcement. Others may feel panic; some may show feelings of anger. There may well be tears and distress. Planned support will be available.
- Inform parents the same day in the most appropriate way via text, website, email, phone or newsletter depending on the circumstances
- Ensure time for collective grieving amongst the staff and enable them to share how they feel about what has happened.

The death of more than one pupil

Should we receive such news, members of the *Bereavement Team* will be called together to be briefed with the salient facts and to decide what steps are to be taken. Information may already have been 'sent' from the incident. We will consider:

- Who will contact parents, if necessary?

- Who will meet with parents who arrive at school? Where?
- Who will inform the staff? When? Where?
- Who will inform the pupils/students? When? Where?

It is imperative that rumours and interpretations of the truth be avoided. In a case of multiple deaths there is bound to be some media interest. Members of the Bereavement Team responsible for dealing with the media will prepare all necessary statements. Such statements should deal only with facts in as sympathetic a way as possible. We will agree a format of response to telephone inquiries, including approaches from the media.

The death of a member of staff

We acknowledge that if such a death occurs it is doubly traumatic for the staff supporting the pupils but also grieving on a personal level for a colleague. Should we receive the news of the death of a member of staff, the appropriate senior member of staff will call together colleagues from the Bereavement Team. We will use the guidance notes below:-

- Gather together the staff and inform them of the news.
- Allow time for collective grieving amongst the staff.
- Allow the staff to share how they feel about what has happened.
- Prepare a statement to be shared with pupils as appropriate - impress on the staff what facts are to be announced to the pupils/students. To avoid rumours, exaggerations and development of the event, the agreed facts should be stated simply.
- Inform the teachers that they may need to address what has happened in their classes.
- Communicate to the staff how the announcement will be made. Should it be a full school assembly, year groups, or a class/form group?
- It must be remembered that such news will be greeted with a mixture of emotional feelings. Some will deny or disbelieve the announcement. Others may feel panic; some may show feelings of anger. There may be tears and distress; everyone will react in their own way.
- Under such circumstances some staff may have difficulty coping with the loss themselves. Colleagues will need to be aware of those staff who seem particularly affected by the death.

Breaking sad news

Should we need to break sad news to children or young people we will first refer to the *“Guidelines for Breaking Sad News of a Death to a class or assembly”* produced by Rainbows.

Requiems, Memorials and Funeral Services

Should we need to consider our involvement with any funeral services or memorial services or memorials, we will first refer to the *“Guidelines for Memorials and Funeral Services”* produced by Rainbows.

Return to school

We acknowledge our responsibility to ‘keep a special watch’ on pupils who have been bereaved, especially on their return to school and for as long as necessary thereafter, particularly around anniversaries and other significant dates. We further acknowledge our responsibility to prepare staff and pupils appropriately before a bereaved member of our community returns. Members of our Bereavement Team will advise an appropriate response, depending on the individual’s circumstances.

Managing an anticipated death and the terminally ill

The anticipated death of a member of our community, whilst very difficult to manage, enables us to establish appropriate communication with the family to support those likely to be most affected before and after the death. We see it as our responsibility to support adults, children and young people within our community who have to face the painful reality that a parent or someone close to them is terminally ill. When supporting children and young people who are experiencing anticipatory grief, we will:

- Confirm the facts concerning the pupil's sick relative or friend;
- Communicate the information as appropriate (in line with school procedures & family wishes);
- Never give false hope to the child or young person;
- Discover what the pupil has been told of the illness;
- Allow the pupil to talk freely about the sick person in an appropriate setting;
- Enable the pupil to talk freely about how he/she is feeling;
- Be honest! If we do not know the answer to a question we will say so;
- Not inform the pupil about any progression concerning the illness unless the family have given permission and requested us to do so.

The place of death and bereavement within the curriculum

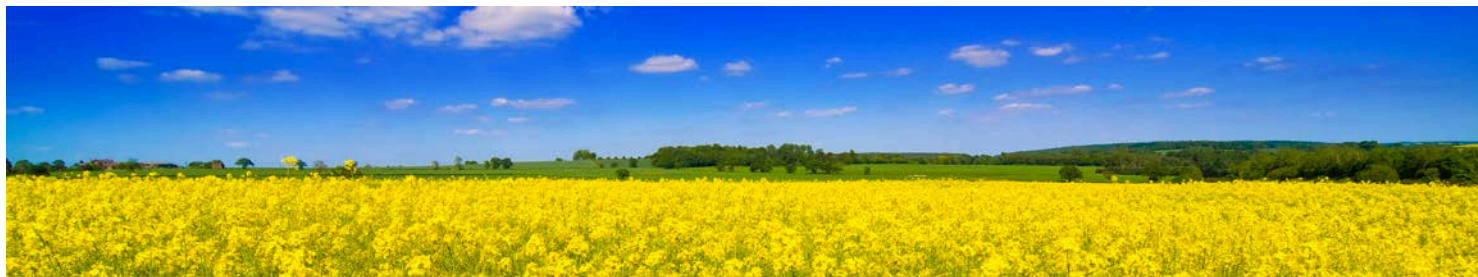
We recognise the importance of remembering anniversaries of death. During November each year we will hold a special assembly/liturgy/act of remembrance as appropriate, to celebrate the life of those members of our community who have died. We will ensure we have approval from the family of the deceased to record the deceased name in a school memorial (e.g. memorial garden/plaque). We have a duty to explore issues surrounding death and bereavement within the curriculum.

Long term support for those who grieve

We will offer pupils access to a range of age related peer support programmes.

Support for staff in supporting bereaved pupils and colleagues

We will ensure that all staff are familiar with this policy and these procedures for responding to bereavement and will offer training as part of our staff induction programme. Whenever necessary we will request additional support from colleagues or from external support agencies.



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